

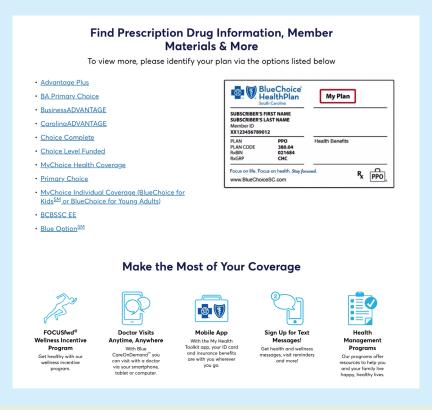
Manage Your Health and Benefits Online

Our Online Tools and Resources Can Help You Better Manage Your Health

We know life can get busy. The Member Center and My Health Toolkit® make it easy for you to access your benefits anywhere. They also provide tools that can help you take care of your health on the go. Keep reading to learn more.

In the Member Center, you can view:

- Your member materials.
- Prescription drug information.
- Programs and services.



My Health Toolkit

You can use My Health Toolkit to see if your plan covers a specific procedure, get more information about your health and dental benefits, check the status of a claim, and more. If you don't have an account, it just takes a few minutes to create one.

Good Morning!

Browse or search to find the care you need

Browse by

What's Included?

In the Providers & Services* section, you can:

- Find doctors, hospitals, dentists and other health care providers.
- Rate your visit.

In the My Plan & Benefits** section, you have access to:

- Prescription information.
- Eligibility and benefits.



- FOCUS fwd Wellness Incentive Program.
- Health Coaching.
- *These appear in the Resources section for mobile users.
- **These appear in the Benefits section for mobile users.

Download the My Health Toolkit Mobile App Today!

Your insurance benefits are with you wherever you go and whenever you need them.

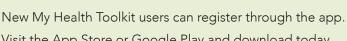
With the app, you can:

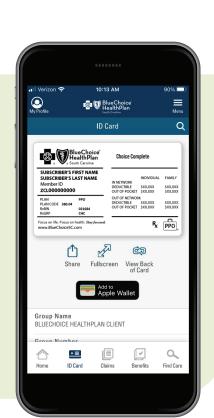
- View and share your digital ID card.
- Find an in-network doctor or hospital.
- Quickly check the status of your claims.
- Update your contact information.
- See what's covered by your health plan.

Current My Health Toolkit users can log in to the app with their existing usernames and passwords.



Visit the App Store or Google Play and download today.





Focus on life. Focus on health. Stay focused.

